

Kenyon Senior Living Newsletter

May 2018

Chelsea's Chatterbox

Kenyon Senior Living's 4th Annual 5k Sprint for Seniors is right around the corner! May 12, 2018 at 9am our runners and walkers will be taking off on the streets of Kenyon! I have heard that there are even some participants practicing the route already. You can register in person, by mail or at www.RaceEntry.com – search for 'Sprint for Seniors.' We are looking forward to another great turnout for the event this year.

KSL Golf Classic: Friday, July 13th! Registration at 11am; Golf starts at 12:15pm with a Social Hour and Awards Program to follow. Registration: Single golfer \$50; 4-person team \$200 (registration includes 18 holes, cart, lunch and appetizers)! We are encouraging our member and non-member churches to put teams together again for this year's event! It was fun watching the friendly competition last year! Churches can have more than 1 team too. Call me if you have any questions. Mailings will be going out very soon with further details.

Volunteers Wanted! It is that time of year where we are able to finally be outside and see all of the beautiful green outdoors. However, with this time also comes our need for volunteers that are interested in helping with some outdoor projects such as washing windows, and weeding & planting. If you or a group would be interested in volunteering please contact myself at 507.789.7101 or Emily at 507.789.7102.

Medicare Update!

You're Getting a New Medicare Card!

Medicare will mail new Medicare cards between April 2018 – April 2019. Your card will have a new Medicare Number instead of a Social Security Number.

Make sure your mailing address is up to date so you get your new card. Visit ssa.gov/myaccount or call 1-800-772-1213 (TTY:1-800-325-0778) to correct your mailing address.

Visit Medicare.gov for the latest updates.



CMS Product No. 12006
August 2017

Medicare Card for Minnesota residents will start being sent out sometime after June 1, 2018.

If you or your loved one is a resident on the KSL campus please make sure to bring your new card in once you receive it so we can make a copy for our records.



Celebrate National Nurses Week

MAY 6-12, 2018

We Remember

We take this time to remember our dear friends that we have recently lost, but will never forget.

Lou Belle Sieben & Marcella McDonald

We are grateful for all the gifts and memorials given to Kenyon Senior Living. These gifts and memorials enable us to continue providing spiritual services as well as other activities for our residents. *Thank you.*

In Memorial:

*Alice Helgeson * Grace Fenne * Linda Patterson*

Did you know that donations can be designated/restricted to different funds? Here are some of the Foundation funds you can designate your donations to: Activities, Employee Appreciation, Capital Improvements, Chaplaincy, and Gunderson Gardens. Any donations not designated/restricted go into the general Unrestricted Foundation fund.



We have 2 birthdays to celebrate on campus this month.

At the Kenyon Sunset Home Fred Moore will be celebrating his 84th birthday on May 31st.

In Gunderson Suites Shirley Pithey will be celebrating her 85th birthday on May 23th.



The North Star Boys Choir will be performing on Saturday, May 19th at 7:00pm at the K-W High School Auditorium. The boys in the choir range from the ages of 8-14. This event is being presented by the Sons of Norway. There is no cost to attend this concert, but a free will offering will be collected.



CELEBRATING LIFE'S STORIES

National Skilled Nursing Care Week
May 13-19, 2018

ahcancal.org/NSNCW | #NSNCW

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Kenyon
Sunset Home

<p>6 Nurses Week</p> <p>9:30 Chapel 3:00 Coffee & Treats</p>	<p>7</p> <p>10:00 Manicures & Chat 11:00 Lounge Living 2:30 May Flowers Craft</p>	<p>8</p> <p>10:30 Fitness 11:00 Trivia 2:30 Music with Alissah at KSH 4:00 Lounge Living</p>	<p>9</p> <p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana</p>	<p>10</p> <p>9:00 VFW Men's Coffee In RW 10:30 Fitness 11:00 Trivia 2:30 Mother's Day Game</p>	<p>11</p> <p>10:00 Fitness 10:30 God Talk 11:00 Lounge Living 3:00 Music with Marty</p>	<p>12</p> <p>9:00 5K Sprint for Seniors 10:00 Card Bingo 11:00 Lounge Living 3:00 Coffee & Treats</p>
<p>13 Mother's Day SNF Week</p> <p>9:30 Chapel 3:00 Coffee & Treats</p>	<p>14 Red Day</p> <p>10:00 Manicures & Chat 11:00 Lounge Living 1:30 Bus Ride or 2:30 Coloring</p>	<p>15 Green Day</p> <p>10:30 Fitness 11:00 Music with Lenice 2:30 Pitching Game 4:00 Lounge Living</p>	<p>16 Purple Day</p> <p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana</p>	<p>17 Blue Day</p> <p>10:30 Fitness 11:00 Music with Lenice 2:30 What am I?</p>	<p>18 Gray Day</p> <p>10:00 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 Wine & Cheese Happy Hour</p>	<p>19 Preakness Stakes Armed Forces Day</p> <p>3:00 Coffee & Treats</p>
<p>20</p> <p>9:30 Chapel 3:00 Coffee & Treats</p>	<p>21</p> <p>10:00 Manicures & Chat 11:00 Lounge Living 2:45 Auxiliary at GG</p>	<p>22</p> <p>10:30 Fitness 11:00 Music with Lenice 2:30 Memorial Bricks 4:00 Lounge Living</p>	<p>23</p> <p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana</p>	<p>24</p> <p>10:30 Fitness 11:00 Music with Lenice 2:30 Food Committee</p>	<p>25</p> <p>10:00 Fitness 10:30 God Talk 11:00 Lounge Living 2:30 Paul & Friends</p>	<p>26</p> <p>10:00 Card Bingo 11:00 Lounge Living 3:00 Coffee & Treats</p>
<p>27</p> <p>9:30 Chapel 3:00 Coffee & Treats</p>	<p>28 Memorial Day National Hamburger Day</p> <p>3:00 Coffee & Treats</p>	<p>29</p> <p>10:30 Fitness 11:00 Music with Lenice 2:30 Resident Council 4:00 Lounge Living</p>	<p>30</p> <p>10:10 Bible Study 11:00 1:1 Visits 2:45 BINGO 3:30 Kenyon News with Rhana</p>	<p>31 Fred's 84th Birthday</p> <p>10:30 Fitness 11:00 Music with Lenice 2:30 May Birthday Party</p>	<p>May 2018 Activites</p>	

Kenyon Senior Living

Golf Tournament

FRIDAY

July 13th

Everyone is eligible for door prizes!

Kenyon Country Club

Four Person Best Ball

Registration/Lunch: 11:00 am Shotgun Start: 12:15pm

Appetizers & Social Hour: 5:00 pm



4 Person Team Golf and Cart: \$200

Single Golfer and Cart: \$50

RSVP deadline is July 6th!

Limited Space....Sign up Soon!

Proceeds Benefiting
Kenyon Senior Living's
Capital Improvement Fund



Please make checks payable to:
Kenyon Sunset Home Foundation
and mail to 127 Gunderson Blvd. Kenyon, MN 55946
Questions? Call Chelsea at 789-7101



Sprint For Seniors

9:00 am Start * \$25 Registration Fee

Registration Form & More Information Available To Download At
www.KenyonSeniorLiving.com Or Stop By Campus or Check Out Our Facebook Page & Event For More Information

Students can save \$10 with promo code: STUDENTSROCK

4th Annual Kenyon Senior Living Sprint For Seniors: Saturday, May 12, 2018 at 9:00 am

Make Checks Payable To:
Kenyon Sunset Home Foundation
127 Gunderson Blvd
Kenyon, MN 55946
ATTN: Sprint For Seniors

___ Cash
___ Check: # _____

Name: _____ Apt #: _____
Address: _____

City: _____ State: _____ Zip: _____
Phone: _____ Email: _____

Gender: ___ Male ___ Female Shirt Size (Adult Sizing): ___ S ___ M ___ L ___ XL ___ XXL (add \$2) ___ 3XL (add \$3) ___ 4XL (add \$4)
(Youth Sizing): ___ S ___ M ___ L ___ XL

I have read & understand the waiver on the reverse side: _____
Signature (Signature of Parent if Under 18 Years Old)